Meditteranean Swimming Cup

LIMASSOL 3-5 JUNE 2022



MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

Dear Friends,

Thank you all for coming and joining us for the Mediterranean Swimming Cup, taking place this year in the beautiful city of Limassol. We are pleased to be able to welcome old friends that have been in our group for many years now.

We wish you all a very pleasant stay in Cyprus and every success to your teams.

Alexandros Christoforou
President

Cyprus Swimming Federation

The Games are under the auspices of the

Cyprus Sports Organization

I N F O R M A T I O N

ORGANISERS & CONTACT INFORMATION

The Cyprus Swimming Federation

Meet Director: Mr. Alexandros Christoforou
Mobile: 00 357 99 412 316

Chief Referee: Mrs Maria Demetriou
Mobile: 00 357 99 616 978

Postal address: P.O. Box 23931, 1687 Nicosia, Cyprus
Phone: 00 357 22 449 841
Fax: 00 357 22 449 842
Email: koek@logos.cy.net
Web site: www.koek.org.cy

PARTICIPATING COUNTRIES

Albania, Belgium, France, Greece, Israel, Italy, Kosovo, Malta, Morocco, North Macedonia, Serbia and Cyprus

VENUE

The competition will take place at the Limassol Olympic Swimming Pool, 50m, 8 lanes.

RULES

The competition will be conducted in accordance with FINA rules and COMEN Rules and Regulations.

OFFICIAL HOTELS

ATLANTICA MIRAMARE BEACH HOTEL (Technical Meeting)
Address: 11 Amerikanas Street, Yermasoyia, 4048 Limassol
Phone: +357 25 888 100
Fax: +357 25 888 200
Email: miramare@atlanticahotels.com

PARK BEACH HOTEL
Address: 12 Georgiou A' Avenue, Yermasoyia, 4061 Limassol
Phone: +357 25 321 301
Fax: +357 25 323 755
Email: info@parkbeach.cy.net

All the hotels are within a short walking distance from the venue and no transport will be provided.

TECHNICAL MEETING

Date: Thursday, 2/6/2022
Time: 19:30 hrs.
Place: ATLANTICA MIRAMARE BEACH HOTEL

COMPETITION TIMES

FRIDAY 3/6/2022	08:45 - 09:45	Warm up
	10:00 - 12:00	Events (morning session)
	16:45 - 17:45	Warm up
	18:00 - 18:15	Opening ceremony
	18:15 - 20:15	Events (afternoon session)
SATURDAY 4/6/2022	08:45 - 09:45	Warm up
	10:00 - 12:00	Events (morning session)
	16:45 - 17:45	Warm up
	18:00 - 20:00	Events (afternoon session)
SUNDAY 5/6/2022	08:45 - 09:45	Warm up
	10:00 - 12:00	Events (morning session)
	16:45 - 17:45	Warm up
	18:00 - 20:00	Events (afternoon session)

CALL ROOM

Competitors will meet at the call room before each race and then proceed to the starting blocks.

OPENING CEREMONY

- Each country will participate with 3 female and 3 male swimmers.
- Teams will march in alphabetical order. The march will start from the meeting area. The host country will be the last one.
- Welcoming by the President of the Cyprus Swimming Federation, Mr. Alexandros Christoforou.
- Official opening of the Games.
- National anthem of Cyprus.
- March out of the athletes.
- March in of the Judges.

AWARD CEREMONY

According to the programme. Please name your representative at the Technical Meeting for the presentation of awards.

NEW ENTRIES / WITHDRAWALS / OUT OF COMPETITION ENTRIES / RELAY ENTRIES

Please fill in the forms and hand them in at the Technical Meeting.

LANES

The placement of the swimmers in the lanes will be according to their official times.

WARM UP

Last 20 minutes of warm up, lanes 1 and 8 will be allocated for sprints.

LIVE STREAMING

The competition will be broadcasted live on YouTube at the following link:
https://youtube.com/playlist?list=PLBnHM9VEK12osrYI7OtcAwFFgpeyQgd7n

INFORMATION / RESULTS

Information and results of the competition will be available at:
https://koek.org.cy/mediterranean-swimming-cup-comen-limassol-olympic-swimming-pool-3-5-june-2022/

PHOTOGRAPHS

Photographs of the competition will be available every day at:
https://www.flickr.com/photos/147182457@N08/albums/72177720299379262

SANITARY RULES AND PROCEDURES

1. Rapid antigen-testing will be conducted at the swimming pool for all team members (officials, coaches and athletes) during the afternoon training sessions on Thursday 2/6/2022, free of charge. We remind you that you must present your passports or I.D. cards. Only those tested negative will be allowed to enter the competition.

2. You can find all the information regarding the Covid -19 Travel Protocol to Cyprus at:
https://www.pio.gov.cy/coronavirus/uploads/27052022_airportsportsactionplanabolished_EN.pdf

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

COMPETITION PROGRAMME

Friday 3/6/2022 Morning session 10:00 hrs.	**Friday 3/6/2022 Afternoon session 18:15 hrs.**
1. 100m Freestyle Girls	6. 200m Backstroke Girls
2. 100m Freestyle Boys	7. 200m Backstroke Boys
3. 400m Individual Medley Girls	8. 400m Freestyle Girls
4. 400m Individual Medley Boys	9. 400m Freestyle Boys
Awards ceremony for events 1 & 2	**Awards ceremony for events 6 &7**
Break 15 minutes	**Break 15 minutes**
5. 4x50m Medley Mixed Relay Boys/Girls	10. 4x100m Freestyle Relay Girls
Awards ceremony for events 3 & 4	11. 4x100m Freestyle Relay Boys
Awards ceremony for event 5	**Awards ceremony for events 8 & 9**
	Awards ceremony for events 10 & 11
Saturday 4/6/2022 Morning session 10:00 hrs.	**Saturday 4/6/2022 Afternoon session 18:00 hrs.**
12. 50m Freestyle Girls	20. 800m Freestyle Girls
13. 50m Freestyle Boys	21. 200m Breaststroke Girls
14. 100m Breaststroke Girls	22. 200m Breaststroke Boys
15. 100m Breaststroke Boys	**Awards ceremony for event 20**
Awards ceremony for events 12 & 13	23. 100m Backstroke Girls
16. 100m Butterfly Girls	24. 100m Backstroke Boys
17. 100m Butterfly Boys	**Awards ceremony for events 21 & 22**
Awards ceremony for events 14 & 15	**Break 15 minutes**
Break 15 minutes	25. 4x100m Medley Relay Girls
18. 4x200m Freestyle Relay Girls	26. 4x100m Medley Relay Boys
19. 4x200m Freestyle Relay Boys	**Awards ceremony for events 23 & 24**
Awards ceremony for events 16 & 17	**Awards ceremony for events 25 & 26**
Awards ceremony for events 18 & 19	
Sunday 5/6/2022 Morning session 10:00 hrs.	**Sunday 5/6/2022 Afternoon session 18:00 hrs.**
27. 200m Butterfly Girls	32. 1500m Freestyle Boys
28. 200m Butterfly Boys	33. 200m Individual Medley Girls
29. 200m Freestyle Girls	34. 200m Individual Medley Boys
30. 200m Freestyle Boys	**Awards ceremony for event 32**
Awards ceremony for events 27 & 28	**Break 15 minutes**
Break 15 minutes	35. 4x100m Freestyle Mixed Relay Boys/Girls
31. 4x50m Freestyle Mixed Relay Boys/Girls	**Awards ceremony for event 33 & 34**
Awards ceremony for event 29 & 30 & 31	**Awards ceremony for event 35**

Opening Ceremony: Friday, 3rd June 2022 at 18:00 hrs.

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

NEW ENTRIES		
COUNTRY …….……		
EVENT	**FULL NAME**	**SWIMMER CODE**

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

WITHDRAWALS

COUNTRY ……

EVENT	FULL NAME	SWIMMER CODE

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

OUT OF COMPETITION ENTRIES		
COUNTRY ……		
EVENT	**FULL NAME**	**SWIMMER CODE**

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

RELAY ENTRIES

COUNTRY ……

EVENT	FULL NAME	SWIMMER CODE
4 X 100M MEDLEY BOYS		
4 X 100M MEDLEY GIRLS		

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

RELAY ENTRIES		
COUNTRY …….		
EVENT	**FULL NAME**	**SWIMMER CODE**
4 X 100M FREESTYLE BOYS		
4 X 100M FREESTYLE GIRLS		

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

RELAY ENTRIES

COUNTRY .....

EVENT	FULL NAME	SWIMMER CODE
4 X 200M FREESTYLE BOYS		
4 X 200M FREESTYLE GIRLS		

SIGNATURE .....

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

RELAY ENTRIES

COUNTRY ……

EVENT	FULL NAME	SWIMMER CODE
4 X 50M MEDLEY MIXED BOYS/GIRLS		
4 X 50M FREESTYLE MIXED BOYS/GIRLS		
4 X 100M FREESTYLE MIXED BOYS/GIRLS		

SIGNATURE ……

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

TECHNICAL MEETING

Location: Atlantica Miramare Beach Hotel
(Next to the swimming pool)

Date: Thursday, 2/6/2022

Time: 19:30 hrs

Agenda:
- Presentation of the officials
- Events programme
- Call room
- Opening ceremony
- Awards ceremony
- New Entries, Withdrawals, Out of competition, Relays
- Swimming pool
- Warm Up

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

AWARDS CEREMONIES

Please nominate your Team Official for the

Awards Ceremonies

Mr./Mrs.: ……..

Mobile Number: ……..

Country: …….

Please fill the form and return it at the

Technical Meeting

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

OFFICIAL DINNER INVITATION

Please join us for a night full of toasts, good cheer,

and delicious Cyprus food on

Friday 3/6/2022, 21:00 hrs.

Salomi Tavern at Agios Tychonas

All team officials, judges and coaches are invited!

BUS DEPARTURE:

Park Beach Hotel at 20:40 hrs.



MEDITERRANEAN SWIMMING CUP

Limassol, 3 - 5 JUNE 2022

OFFICIAL DINNER ATTENDANCE

Please state the number of persons from your Team that are attending the Official Dinner

Country: ……

Number of persons: ……..

Please fill the form and return it at the Technical Meeting

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

TRAINING TIMES

DATE	COUNTRY	NUMBER OF ATHLETES	HOURS	LANES
01/06/2022	MOROCCO	4	18:30 - 19:45	1
01/06/2022	BELGIUM	3	18:30 - 19:45	2
01/06/2022	ITALY	18	18:30 - 19:45	3,4
01/06/2022	SERBIA	6	18:30 - 19:45	5
02/06/2022	MOROCCO	4	09:30 - 10:45	1
02/06/2022	BELGIUM	3	09:30 - 10:45	1
02/06/2022	ITALY	32	09:30 - 10:45	2,3,4
02/06/2022	SERBIA	6	09:30 - 10:45	5
02/06/2022	MALTA	4	09:30 - 10:45	6
02/06/2022	ISRAEL	16	09:30 - 10:45	7,8
02/06/2022	MOROCCO	4	16:45 - 18:00	1
02/06/2022	BELGIUM	3	16:45 - 18:00	1
02/06/2022	ITALY	32	16:45 - 18:00	2,3,4
02/06/2022	SERBIA	6	16:45 - 18:00	5
02/06/2022	MALTA	4	16:45 - 18:00	6
02/06/2022	ISRAEL	16	16:45 - 18:00	7,8
02/06/2022	GREECE	20	18:00 - 19:15	1,2
02/06/2022	NORTH MACEDONIA	2	18:00 - 19:15	3
02/06/2022	ALBANIA	3	18:00 - 19:15	3
02/06/2022	KOSOVO	1	18:00 - 19:15	3
02/06/2022	FRANCE	19	18:00 - 19:15	4,5
02/06/2022	CYPRUS	19	18:00 - 19:15	6,7,8

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

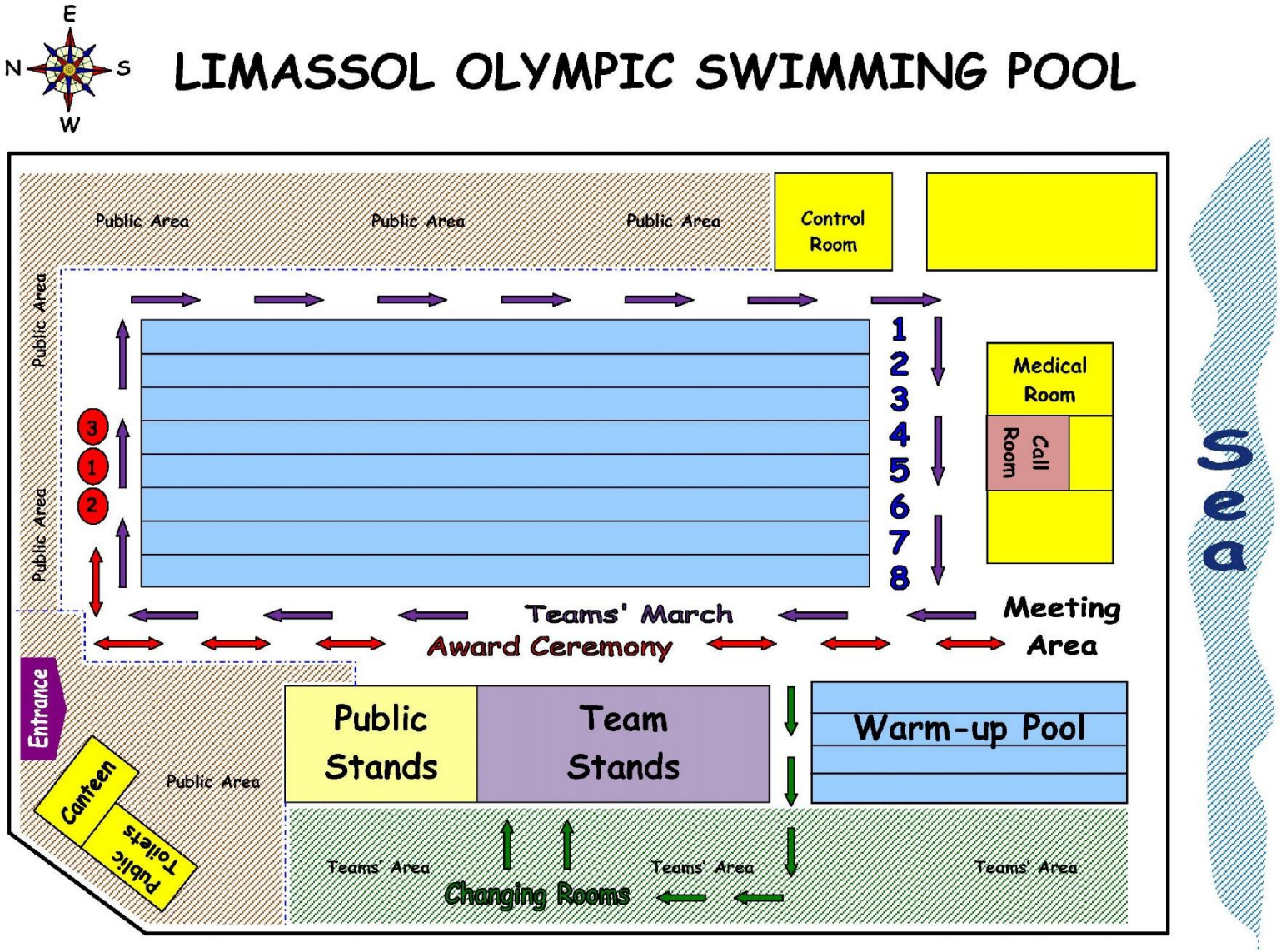
ARRIVAL DETAILS

COUNTRY	DATE	AIRPORT	FLIGHT	TIME	NUMBER OF PERSONS	HOTEL
MOROCCO	1/6/2022	LARNACA	LH 1292	16.10	6	PARK BEACH
BELGIUM	1/6/2022	LARNACA	LH 1292	16.10	5	PARK BEACH
ITALY	1/6/2022	LARNACA	OS 831	16.35	21	PARK BEACH
SERBIA	1/6/2022	LARNACA	OS 831	16.35	8	PARK BEACH
ITALY	1/6/2022	LARNACA	A3 914	18.05	18	PARK BEACH
MALTA	1/6/2022	LARNACA	EK 110	19.00	5	PARK BEACH
ISRAEL	1/6/2022	LARNACA	CY 111	20.20	21	PARK BEACH
NORTH MACEDONIA	2/6/2022	LARNACA	W6 4566	11.10	3	PARK BEACH
GREECE	2/6/2022	LARNACA	CY 311	11.55	14	PARK BEACH
ALBANIA	2/6/2022	LARNACA	JU 880	13.45	4	PARK BEACH
FRANCE	2/6/2022	LARNACA	LH 1768	14.50	28	PARK BEACH
KOSOVO	2/6/2022	LARNACA	A3 546	15.35	2	PARK BEACH
GREECE	2/6/2022	LARNACA	CY 427	17.50	10	PARK BEACH

MEDITERRANEAN SWIMMING CUP
Limassol, 3 - 5 JUNE 2022

DEPARTURE DETAILS

COUNTRY	DATE	NUMBER OF PERSONS	DEPARTURE FROM AIRPORT	AIRPORT	DEPARTURE FROM HOTEL
KOSOVO	5/6/2022	2	16.20	LARNACA	13.20 (PARK BEACH)
ITALY	6/6/2022	23	05.15	LARNACA	02.15 (PARK BEACH)
FRANCE	6/6/2022	28	06.25	LARNACA	03.30 (PARK BEACH)
BELGIUM	6/6/2022	5	06.25	LARNACA	03.30 (PARK BEACH)
NORTH MACEDONIA	6/6/2022	3	06.25	LARNACA	03.30 (PARK BEACH)
SERBIA	6/6/2022	8	06.25	LARNACA	03.30 (PARK BEACH)
MALTA	6/6/2022	5	07.25	LARNACA	04:30 (PARK BEACH)
GREECE	6/6/2022	14	07.30	LARNACA	04:30 (PARK BEACH)
ALBANIA	6/6/2022	4	10:30	LARNACA	07:30 (PARK BEACH)
ITALY	6/6/2022	16	10.30	LARNACA	07:30 (PARK BEACH)
GREECE	6/6/2022	10	12.50	LARNACA	09.50 (PARK BEACH)
ISRAEL	6/6/2022	21	22.30	LARNACA	19:30 (PARK BEACH)
MOROCCO	7/6/2022	6	17.05	LARNACA	14.00 (PARK BEACH)


E
N
S
W
LIMASSOL OLYMPIC SWIMMING POOL
Public Area
Public Area
Public Area
Control Room
Public Area
Public Area
1
2
3
4
5
6
7
8
3
1
2
Medical Room
Call Room
Sea
Teams' March
Award Ceremony
Meeting Area
Entrance
Public Stands
Team Stands
Warm-up Pool
Canteen
Public Toilets
Public Area
Teams' Area
Teams' Area
Teams' Area
Changing Rooms