48th
Nico Sapio
Swimming Trophy



Friday 11th Saturday 12th
Sunday 13th November, 2022

Complesso Polisportivo Sciorba
Via Adamoli 57 – Genoa (I) Secretariat: Sciorba Pool – Phone and fax:0039.10.8357081
Web site: www.genovanuoto.net
e-mail: genovanuoto@genovanuoto.net
VAT number: 02438180107 - Fiscal code: 80042670101
IT 06K 03069 09606 100000 135201

REGULATIONS
FOR FOREIGN CLUBS

AGE CATEGORIES ENTRIES

	Male	Female
Esordienti A	2010-2011	2011-2012
Youth	2009	
Youth	2007-2008	2009-2010
Juniors	2005-2006	2007-2008
Open	..04 and older	06 and older

LIMITATIONS

Each athlete can take part in no more than **2** races for categories Esordienti A and Youth. **3** races for categories Junior.
There are no limits to the number of competitions for Open.

REGISTRATION and ENTRY FEES

For foreign clubs, registration must be made sending a mail to genovanuoto@genovanuoto.net and must be received no later than Octber 3, 2022. **In no case** any changes or registration will be accepted after this date. The organizing club reserves the right to close registration ahead of time if needed for a proper carrying out of the meeting.
The entry fee is 8,00 euro per athlete/race.
Entry fees can be paid by bank transfer to the following banking account: . Genova Nuoto My Sport,
IBAN code IT 06K 03069 09606 100000 135201 (pls include a description of payment).
The entry fee payment must be made before the competition starts and the swim club managers must show the payment receipt.

DESCRIPTION OF THE EVENT

Qualifying heats (best 24 times) will be seeded.
For the entire duration of the event a 50 m pool will be available for warm up and training.

ENTRY TIMES

Men

	Esordienti A 2011	Esordienti A 2010	Youth 2009	Youth 2007-2008	Juniors	Open
100 Butterfly	1.26	1.20	1.07	1.05	1.03	1.00
100 Backstroke	1.25	1.18	1.07	1.05	1.03	1.01
100 Breaststroke	1.33	1.28	1.17	1.15	1.12	1.10
100 Freestyle	1.12	1.08	0.59	0.57	0.55	0.54
200 IM			2.26	2.21	2.17	2.13

Women

	Esordienti A 2012	Esordienti A 2011	Youth	Juniors	Open
100 Butterfly	1.30	1.23	1.14	1.09	1.07
100 Backstroke	1.28	1.24	1.16	1.11	1.09
100 Breaststroke	1.38	1.33	1.24	1.19	1.17
100 Freestyle	1.16	1.12	1.05	1.02	1.00
200 IM			2.36	2.28	2.24

ENTRY TIMES OPEN WOMEN

50 FLY 29,00 200 FLY 2.22,00
50 BACK 30,00 200 BACK 2.22,00
50 BREAST 34,00 200 BREAST 2.36,00
50 FREE 27,00 200 FREE 2.08,00

ENTRY TIMES OPEN MEN

50 FLY 26,00 200 FLY 2.10,00
50 BACK 27,00 200 BACK 2.10,00
50 BREAST 30,00 200 BREAST 2.24,00
50 FREE 24,00 200 FREE 1.54,00

According to the entry times, the best 24 males and 24 females will be admitted to the Open 400 m freestyle race. Entry times must be achieved in 25 m pool during the swimming season 2020-21. Each athlete enrolled in the 400 m freestyle event may indicate a reserve event, if he/she isn't in the 24 participants lists. 3rd- 2nd heats will be run during the morning session, the 1st in the afternoon. (no final heat). 1500 /800 free, 400 and 100 IM are Direct Final.

CALL ROOMS

The call room for the prelims is located on the opposite side of the start

Victory Ceremony

Victory ceremonies for the finals will take place immediately after the finals of every final. The three first athletes are reminded to follow the awarding staff.

PRIZES

The first three athletes in each race and category will be awarded with medals and gadgets. In each race Boys (male) category, best athlete born in the first year of the category will be awarded.
Following FINA tables, the three best men's and women's technical performances will win the following: 1st place 500,00 euro, 2nd place 300,00 euro, 3rd place 200,00 euro. The best Senior performance will gain 10000 €.

TEAM PRIZES

The team standings are based on points awarded in each final race from the 1st to the 8th placed swimmers as follows: 1st 9pts, 2nd 7 pts, 3rd 6 pts, 4th 5 pts, 5th 4 pts, 6th 3 pts, 7th 2 pts, 8th 1pt. There will be five team's ranking lists: one for each category and a general one. In each ranking list, should one or more teams tie on points, the medals won will be taken into account.
Based on points won, for each category's ranking list the top three placed clubs will be awarded with cups or plates, so as the top six teams in the general ranking list. For the best performance will be grant the "Alfredo Provenzali Plate".
The club that comes first, based on the total points won by all the categories, will be awarded with the Nico Sapio Trophy, to be hold until the next year edition when it will be entitled to a 50% reduction on race fees.

The event will use the Race Official Group of the Italian Swimming Federation. Electronic timing will be provided by the Italian Time Keepers Federation.
Results will be published on-line on "www.genovagare.it"

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For anything not provided for by the present regulations, Italian Swimming Federation regulations apply.

MEALS AT THE POOL RESTAURANT

For meals at the pool restaurant, please make your reservation to:
SCIORBA CAFE' tel.392 5783694. -- cafe@piscinesciorba.com
Lunch for the event: 12€ first course, second course with side dish, water and bread or full menu with dessert at 14€
Moreover the staff guarantees dinner service with the following prices: 15€ without dessert, 17€ with dessert.
The staff can also offer meals for person who suffers from celiac disease.

ACCOMODATION

The Hotels can be booked through
GATTINONI TRAVEL NETWOORK GENOVA Email: andrea.delucchi@gattinoni.it tel. 010 544341

sito Web: www.gattinoni.it

Via R. Ceccardi 5R 16121 Genova
tel 010 544341 Monday..-Friday. 09-12/ 14:30-19 --- Saturday 09-12:30
email: genova@gattinoni.it
Sito Web: www.gattinoni.it

EVENT SCHEDULE

FRIDAY NOVEMBER 11th

50	Back	M	OPEN/JUN	Prelims
50	Fly	W	OPEN/JUN	Prelims
200	Free	M	OPEN/JUN	Prelims
100	Free	W	OPEN/JUN	Prelims
50	Breast	W	OPEN/JUN	Prelims
100	Breast	M	OPEN/JUN	Prelims
100	Fly	M	OPEN/JUN	Prelims
200	Fly	W	OPEN/JUN	Prelims
200	Back	M	OPEN/JUN	Prelims
200	Breast	W	OPEN/JUN	Prelims
50	Free	M	OPEN/JUN	Prelims
100	Back	W	OPEN/JUN	Prelims
200	IM	M	OPEN/JUN	Prelims
400	free	W	OPEN/JUN	2nd/3rd Series

400	Free	W	OPEN	1stSERIES
50	Back	M	OPEN	1stSERIES
50	Fly	W	OPEN	1stSERIES
200	Free	M	OPEN	1st/2nd SERIES
100	Free	W	OPEN	1st/2nd SERIES + 1st JUNIOR
50	Breast	W	OPEN	1stSERIES
100	Breast	M	OPEN	1st/2nd SERIES + 1st JUNIOR
100	IM	W	OPEN	DIRECT FINAL
100	Fly	M	OPEN	1st/2nd SERIES + 1st JUNIOR
200	Fly	W	OPEN	1stSERIES
200	Back	M	OPEN	1stSERIES
200	Breast	W	OPEN	1stSERIES
50	Free	M	OPEN	1stSERIES
100	Back	W	OPEN	1st/2nd SERIES + 1st JUNIOR
400	IM	W	OPEN	DIRECT FINAL
200	IM	M	OPEN	1st/2nd SERIES + 1st JUNIOR
1500	Free	M	OPEN	DIRECT FINAL

SATURDAY NOVEMBER 12th

50	Back	W	OPEN/JUN	Prelims
50	Fly	M	OPEN/JUN	Prelims
200	Free	W	OPEN/JUN	Prelims
100	Free	M	OPEN/JUN	Prelims
50	Breast	M	OPEN/JUN	Prelims
100	Breast	W	OPEN/JUN	Prelims
100	Fly	W	OPEN/JUN	Prelims
200	Fly	M	OPEN/JUN	Prelims
200	Back	W	OPEN/JUN	Prelims
200	Breast	M	OPEN/JUN	Prelims
50	Free	W	OPEN/JUN	Prelims
100	Back	M	OPEN/JUN	Prelims
200	IM	W	OPEN/JUN	Prelims
400	Free	M	OPEN/JUN	2/3 Series

800	Free	W	OPEN	DIRECT FINAL
400	Free	M	OPEN	1stSERIES
50	Back	W	OPEN	1stSERIES
50	Fly	M	OPEN	1stSERIES
200	Free	W	OPEN	1st/2nd SERIES
100	Free	M	OPEN	1st/2nd SERIES + 1st JUNIOR
50	Breast	M	OPEN	1stSERIES
100	Breast	W	OPEN	1st SERIES + 1st JUNIOR
100	IM	M	OPEN	DIRECT FINAL
100	Fly	W	OPEN	1st SERIES + 1st JUNIOR
200	Fly	M	OPEN	1stSERIES
200	Back	W	OPEN	1stSERIES
200	Breast	M	OPEN	1stSERIES
50	Free	W	OPEN	1stSERIES
100	Back	M	OPEN	1st SERIES + 1st JUNIOR
400	IM	M	OPEN	DIRECT FINAL
200	IM	W	OPEN	1st SERIES + 1st JUNIOR

SUNDAY NOVEMBER 13th

100	Fly	W/M	ES A	Prelims
100	Fly	W/M	YOUTH	Prelims
100	Back	W/M	ES A	Prelims
100	Back	W/M	YOUTH	Prelims
200	Free	W/M	YOUTH	Prelims
100	Breast	W/M	ES A	Prelims
100	Breast	W/M	YOUTH	Prelims
100	Free	W/M	ES A	Prelims
100	Free	W/M	YOUTH	Prelims
200	IM	W/M	YOUTH	Prelims

100	Fly	W/M	ES A	FINALS
100	Fly	W/M	YOUTH	FINALS
100	Back	W/M	ES A	FINALS
100	Back	W/M	YOUTH	FINALS
200	Free	W/M	YOUTH	FINALS
100	Breast	W/M	ES A	FINALS
100	Breast	W/M	YOUTH	FINALS
100	Free	W/M	ES A	FINALS
100	Free	W/M	YOUTH	FINALS
200	IM	W/M	YOUTH	FINALS

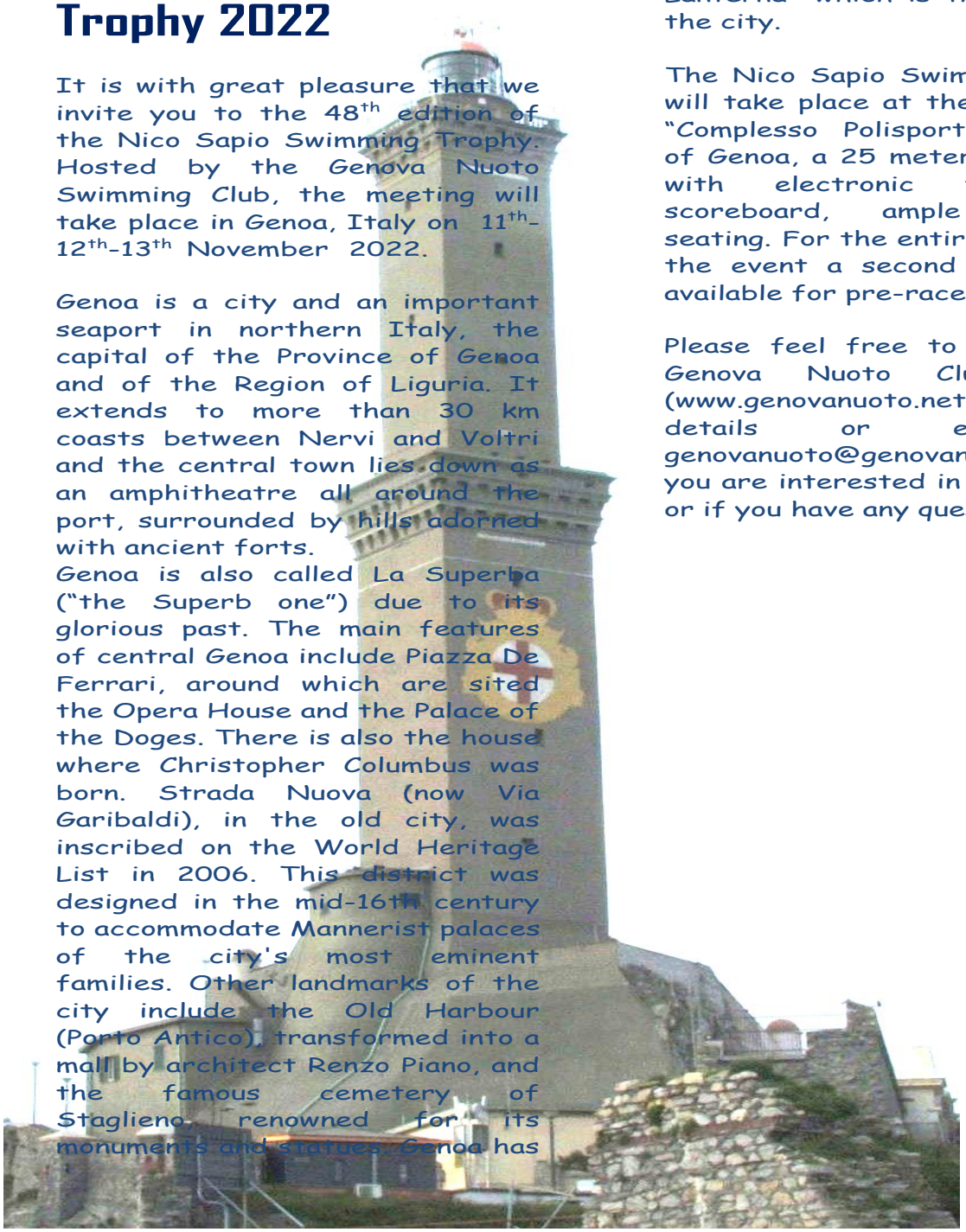
POOL'S RECORDS 2021

female					
50 fly	0'25.07		KELSI	DAHLIA WORREL	2018
100 fly	0'55.00		KELSI	DAHLIA WORREL	2018
200 fly	2'06.20		ANNA	PIROVANO	2019
50 back	0'26.47		KATHLEEN	BAKER	2018
100 back	0'56.47		NATALIE	COUGHLIN	2011
200 back	2'01.68		KATHLEEN	BAKER	2017
50 breast	0'29.41		BENEDETTA	PILATO	2019
100 breast	1'04.67		KATIE	MEILI	2015
200 breast	2'20.28		FRANCESCA	FANGIO	2021
50 free	0'24.02		KELSI	DAHLIA WORREL	2018
100 free	0'52.51		KELSI	DAHLIA WORREL	2018
200 free	1'54.30		FEDERICA	PELLEGRINI	2018
400 free	3'59.39		CAMILLE	MUFFAT	2008
800 free	8'12.19		SIMONA	QUADARELLA	2019
100 IM	0'59.74		KATHLEEN	BAKER	2018
200 IM	2'07.28		ILARIA	CUSINATO	2018
400 IM	4'29.41		ILARIA	CUSINATO	2018
male					
50 fly	0'22.64		MARIUS	KUSCH	2018
100 fly	0'50.03		EVGENY	KOROTHYSKIN	2009
200 fly	1'52.91		ALBERTO	RAZZETTI	2019
50 back	0'23.21		GUILLHERME	GUIDO	2019
100 back	0'50.02		GUILLHERME	GUIDO	2019
200 back	1'50.45		LORENZO	MORA	2019
50 breast	0'26.06		FABIO	SCOZZOLI	2018
100 breast	0'57.17		FABIO	SCOZZOLI	2018
200 breast	2'05.01		MARCO	KOCH	2019
50 free	0'21.22		FEDERICO	BOCCHIA	2019
100 free	0'46.90		MICHAEL	CHADWICK	2018
200 free	1'44.20		MATTEO	CIAMPI	2018
400 free	3'39.08		GABRIELE	DETTI	2018
1500 free	14'38.96		MATTEO	LAMBERTI	2021
100 IM	0'52.61		MARCO	ORSI	2019
200 IM	1'54.58		ALBERTO	RAZZETTI	2019
400 IM	4'07.07		LORENZO	TAROCCHI	2019

Genoa welcomes the Nico Sapio Swimming Trophy 2022

It is with great pleasure that we invite you to the 48th edition of the Nico Sapio Swimming Trophy. Hosted by the Genova Nuoto Swimming Club, the meeting will take place in Genoa, Italy on 11th-12th-13th November 2022.

Genoa is a city and an important seaport in northern Italy, the capital of the Province of Genoa and of the Region of Liguria. It extends to more than 30 km coasts between Nervi and Voltri and the central town lies down as an amphitheatre all around the port, surrounded by hills adorned with ancient forts.
Genoa is also called La Superba ("the Superb one") due to its glorious past. The main features of central Genoa include Piazza De Ferrari, around which are sited the Opera House and the Palace of the Doges. There is also the house where Christopher Columbus was born. Strada Nuova (now Via Garibaldi), in the old city, was inscribed on the World Heritage List in 2006. This district was designed in the mid-16th century to accommodate Mannerist palaces of the city's most eminent families. Other landmarks of the city include the Old Harbour (Porto Antico), transformed into a mall by architect Renzo Piano, and the famous cemetery of Staglieno, renowned for its monuments and statues. Genoa has also a large aquarium located in the above-mentioned old harbour. The port of Genoa contains an ancient lighthouse, called "La Lanterna" which is the symbol of the city.



The Nico Sapio Swimming Trophy will take place at the pool of the "Complesso Polisportivo Sciorba" of Genoa, a 25 meter, 8-lane pool with electronic timing and scoreboard, ample spectator seating. For the entire duration of the event a second pool will be available for pre-race warming up.

Please feel free to explore the Genova Nuoto Club website (www.genovanuoto.net) for further details or e-mail at genovanuoto@genovanuoto.net if you are interested in participating or if you have any questions.